



Active transport planning

Our approach

Walking continues to remain the most participated in physical activity. As the population ages and the amount of time available to participate in physical activity decreases, informal, low impact activities such as walking and cycling will continue to increase in popularity.

Walking and cycling are activities that are relatively free to participate in. With the increasing costs of living, petrol and public transport, council's are investigating ways to improve the walking and cycling opportunities in their local government area and encourage active transport options for shorter trips. By increasing the opportunities for people to walk and/or ride their bicycles, councils are also reducing congestion, particularly around schools and reducing the risk of chronic disease.

ROSS Planning understands that successful planning for active transport requires not only safe and quality infrastructure, but the changing of people's behaviour and perception. ROSS Planning believes in taking time to understand the opportunities and constraints of walking and cycling in the local community prior to making any significant recommendations. Undertaking detailed route inspections and a thorough investigation across a number of criteria, ROSS Planning ensure that they produce balanced and optimal outcomes that address the physical and emotional barriers to active transport.

Case studies

Upper Hunter Shire Council — Bicycle Plan

The Upper Hunter Bicycle Plan sets Council's direction and framework to establish a bicycle-friendly environment over the next 10 years. The Plan's long-term vision is for a connected network of on- and off-road bicycle routes that links key destinations. It also identifies a range of cycling infrastructure requirements (e.g. cycle lanes, parking, etc), and behavioural requirements (e.g. education and promotional activities) necessary to deliver the Plan's vision.

This project involved detailed background research, extensive audits, widespread community engagement and thorough analysis and assessment.

Ballina Shire Council — Bike Plan

The draft of this Plan is currently being finalised. To date, ROSS Planning has conducted extensive consultation (including open drop-in sessions, community workshops and interviews and surveys) and a thorough bike facility audit investigation.

ROSS planning presented Council officers with an Issues and Discussion Paper as a pre-cursor to the development of the preliminary draft.



Active transport planning project list

- Ballina Shire Council - Bike Plan
- Brisbane City Council -
 - Mountain Bike Parks Master Plans
- Broken Hill City Council -
 - Walk and Cycle Strategy
- Cessnock City Council - Cycling Strategy
- Forbes Shire Council - PAMP and Cycling Strategy
- Gympie Regional Council - Tracks and Trails Plan
- Kingaroy Shire Council - Walk and Cycle Plan
- Moreton Bay Regional Council - Recreational Trail Construction Guidelines (sub-consultant)
- Mount Isa City Council - Cycling Plan
- Queensland Government, Department of National Parks, Recreation, Sport and Racing - Feasibility Study for a Regional Off-Road Motorcycling Facility
- Redland City Council - Redland Track Park Master Plan
- Sunshine Coast Regional Council - Recreational Trail Construction Guidelines (sub-consultant)
- Upper Hunter Shire Council - Bicycle Plan
- Upper Lachlan Shire Council - PAMP and Bike Plan
- Walgett Shire Council - Active Transport Plan

